WORLD / A20
Florida killer whale to stay in park after attack

NEWS / A2
Drug firms slash prices of 97 meds

SCIENCE / B3-2
The 7 nutrition principles to make one live longer

PROPERTY / B3-1
10 ways to cooling your home this summer

Palace 'big buzz': Teehankee may be next DOJ chief

By Christine O. Avendaño

THE COUNTRY'S AMBASSADOR TO THE World Trade Organization (WTO), Manuel Teehankee, is being considered a replacement for outgoing Justice Secretary Agnes Devanadera.

The possible appointment of Teehankee, who served as a justice undersecretary under Ombudsman Merceditas Gutierrez during the latter's stint as jus

PALACE A11

PHILIPPINE DAILY INQUIRER
BALANCED NEWS, FEARLESS VIEWS
Saturday, February 27, 2010 ★★ 11 sections / Vol. 25 / No. 81 P18

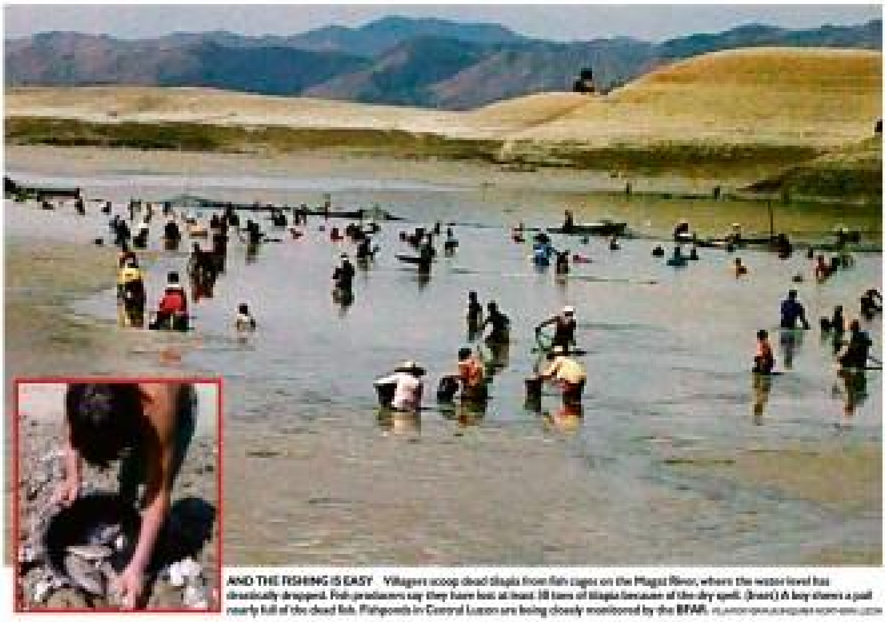
Thaksin verdict: Thai gov't seizes $1.4B

BANGKOK—THAILAND'S SUPREME Court on Friday seized $1.4 billion worth of assets belonging to ousted Prime Minister Thaksin Shinawatra's family, about $900 million less than the maximum in a decision that could appease some antigovernment forces.

It was unclear if the $980 million not

THAKSIN A6

SC to resolve CJ dispute



AND THE FISHING IS EASY Villagers scoop dead tilapia from fish cages on the Magat River, where the water level has drastically dropped. Fish producers say they have lost at least 30 tons of tilapia because of the dry spell. (Inset) A boy stares a pail nearly full of the dead fish. Fishponds in Central Luzon are being closely monitored by the BFAR.

High court to rule if GMA can name new chief justice

By Dona Pazzibugan

IT IS THE SUPREME COURT that should decide whether President Macapagal-Arroyo can appoint Chief Justice Reynato Puno's successor during the 90-day constitutional ban against appointments in the election period, the Judicial and Bar Council (JBC) said yesterday.

In an official comment submitted to the high court, the eight-member JBC of which Puno is the ex-officio chair said it had yet to draw up a short list from the six official nominees being considered for the post of chief justice.

"Likewise, the JBC has yet to take a position on when to submit the short list to the proper appointing authority ... Since the Honorable Supreme Court is the final interpreter of the Constitution, the JBC will be guided by its decision," it said.

The comment was signed by Supreme Court Clerk of Court Luisa Villanueva, the JBC ex-officio secretary.

Puno had earlier said he would not

SC TO RULE A6

Fishkill in Ifugao, Isabela; church storms heaven

By Inquirer Bureaus

THE PROLONGED DRY SPELL THAT IS triggering power and water shortages throughout the country is beginning to take its toll on vegetable, fish and livestock farms and on the rice and corn crops in certain regions.

In Ifugao and Isabela, dead tilapia could be seen floating in fish pens, cages and ponds in the first incidences of "fish kill" as the worst of the El Niño sets in.

Fishermen in Ifugao province said they have lost about 30 tons of tilapia in fish cages and pens along the Magat River as water levels there have started to drop.

Farmers in Zamboanga City could only shake their heads in dismay at the failure of their vegetable crops because of the lack of water and the onset of pests and diseases brought about by the heat.

Agriculture officials in Western Mindanao expect the rice yield in the region to be reduced by 25 percent.

The dry spell has destroyed P7.5 million worth of rice and corn crops and about P1.24 million worth of livestock in Negros Occidental, officials said.

FISHKILL A6

Burma's high court rejects Suu Kyi appeal

RANGOON—BURMA'S SUPREME Court on Friday rejected an appeal by prodemocracy leader Aung San Suu Kyi against her house arrest, a ruling diplomats said would cast further doubt on the legitimacy of this year's election.

Suu Kyi, detained for 14 of the past 20 years, was sentenced to a further 18 months of house arrest in August for allowing an uninvited American to stay in her lakeside home after he swam over to see her.

BURMA'S A6

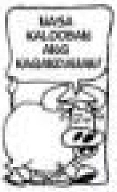
Brown is beautiful; Binay slams cosmetics firms over whiteners

By Nina Calleja

"LOVE YOUR COLOR," SAID MAKATI MAYOR JEJOMAR Binay. "Don't use whitening products."

Binay issued the statement yesterday, criticizing cosmetics firms for allegedly distorting the Filipino's concept of beauty.

BROWN A3



Party-list bets in gov't must quit

By Kristine L. Alave, Leila B. Salaverria and Gil C. Cabacungan Jr.

ATTENTION ENERGY SECRETARY Angelo Reyes.

Party-list nominees who were appointed to the government by President Macapagal-Arroyo will also have to quit their posts, Elections Commissioner Gregorio Larrazabal said yesterday.

Speaking at a press briefing, Larrazabal said these officials were covered by a resolution issued by the Commission on Elections (Comelec) in November that deems them resigned from their government posts once they accept the nomination of their respective

PARTY-LIST A13

Villar scholarships may cost him vote-buying raps



THE ORANGE FORCE The Nacionalista Party's Sen. Manuel Villar presses the flesh of some of the thousands who line up to see the free concert produced by his daughter Camille and hosted by Willie Revillame at the SM Mall of Asia in Pasay City Thursday evening.

By Kristine L. Alave

IN A BITTERLY FOUGHT ELECTION campaign where poverty is a major issue, self-made billionaire Sen. Manuel Villar may find himself in hot water for having too much money.

Election commissioner Rene Sarmiento yesterday said some people might take issue with the financial bonanzas, including scholarships, given away during Villar's political rallies and equate that with vote-buying.

"Under Section 261 of the Omnibus Election Code, the prohibited acts include giving money or anything of value to favor one candidate. It's called vote-buying," Sarmiento said. "This applies to everyone," he said.

VILLAR A11



YELLOW ARMY The Liberal Party's Sen. Benigno Aquino III addresses supporters who pack the Araneta Coliseum in Cubao, Quezon City, in celebration of the 24th anniversary of Edsa I on Thursday.

Second FRONT PAGE

Prices of 97 meds slashed

THE DEPARTMENT OF HEALTH (DOH) ANNOUNCED YESTERday a new round of price reductions for at least 97 types of drugs sold in drug stores and hospital pharmacies.

[illegible]

Maximum retail price

[illegible]

Nothing beats competition

[illegible]

Villar man says he has proof of Luisita overprice

[illegible]

Topnotcher gave up Facebook for med test

[illegible]

Botox not for me, says Dick Gordon

[illegible]

3 Pinoys charged in US with int'l arms trafficking

Villar vows 'meaty' budget for military

JDV III elated by Magdalo endorsement

No health care for Morong 43

[illegible]

Math on TV gets backing of Tan foundation

[illegible]



[illegible]

[illegible]

SC to rule on chief justice appointment–JBC

From page A1

[illegible]

Blanket prohibition

[illegible]

No accident

[illegible]

Grounds for impeachment

[illegible]

Prior ruling bans appointments

[illegible]

Brown is beautiful; Binay ...

From page A1

[illegible]

RP's Obama

[illegible]

Matter of choice

[illegible]

El Niño upside: Tourist, construction boom

Fishkill in Ifugao, Isabela fish pens; church storms heaven

Oratio Imperata

Processed as dried fish

No red tide in Pangasinan



NOT A DROP The spillways of the Magat Dam, which provides irrigation and hydroelectric power to large parts of the northern provinces, are dry.

Shallow tube wells

Bell peppers invaded

Expect veggie shortage

Thaksin verdict: Thai gov't seizes $1.4B assets of ousted PM

'We never cheated'



THAKSIN

Ruling class vs rural majority?

Antigov't movement

Burma's high court rejects Suu Kyi appeal against house arrest

Decision no surprise



SUU KYI

Obsolete law

Judiciary part of regime

STATEMENT OF THE ASSOCIATION OF PHILIPPINE MEDICAL COLLEGES FOUNDATION, INC. ON THE ARREST AND DETENTION OF 43 HEALTH WORKERS

We, the Association of Philippine Medical Colleges Foundation, Inc. (APMCFI), the umbrella organization of all medical schools in the Philippines, strongly protest the illegal arrest, harassment, and continued detention of the 43 health workers in Camp Capinpin, Tanay, Rizal.

We equally denounce the denial of the said workers rights during the initial interrogation, such as the right to information as expressed on the Miranda doctrine, and access to and communication with family and friends, including officials of the Commission on Human Rights. We, likewise, condemn the torture and inhumane treatment of the workers by blindfolding and handcuffing them even during times of personal necessities.

We are extremely angered by the military's inability to recognize the health workers' duty to treat and care for the people, regardless of political and religious beliefs and economic status, and jailing the very same workers who are only fulfilling their mission of serving the health needs of those without means and access to such services.

We are incensed that this singular act by the military could negate efforts of our Association and other government, private, and nongovernmental organizations to encourage health workers to stay and serve in the Philippines, especially in remote and underserved communities.

We demand the immediate release of the 43 health workers, urge the authorities to stop this unjust and inhumane practice, and appeal to all sectors to work together towards achieving better health for our country and our people.

Not heeding the call for the rule of law to prevail and for justice for the victims of this dastardly act will only result to more deprivation and reduced access and availability of health services to the poor and marginalized.

Under the present circumstances, it will be difficult to encourage our faculty, medical students and graduates to work in the underserved areas.

Free the 43 health workers now!

MA. GRACIELA G. GONZAGA, M.D.
President, APMCFI

[illegible], M.D.
Vice President, APMCFI

ALBERTO R. ROXAS, M.D.
Treasurer, APMCFI

FERNANDO S. SANCHEZ JR., M.D.
Executive Director, APMCFI

RAMON L. ARCADIO, M.D., MHPEd
Deputy Executive Director, APMCFI

EU pours in ₱330M for Mindanao aid



INQUIRER Visayas

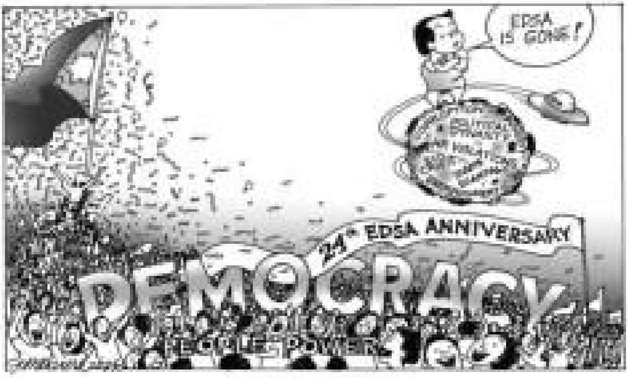
Iloilo theater group fuels dreams



OPINION

Endorsements

EDITORIAL



A note on trust

PUBLIC LIVES



Randy David

Somersaulting Court

GET REAL



Solita Collas-Monsod

Recalling the optimism of 1986

SOCIAL CLIMATE



Mahar Mangahas

Commencement

YOUNG BLOOD

Eyes on the stars, flowers at your feet

COMMENTARY

Butch Hernandez

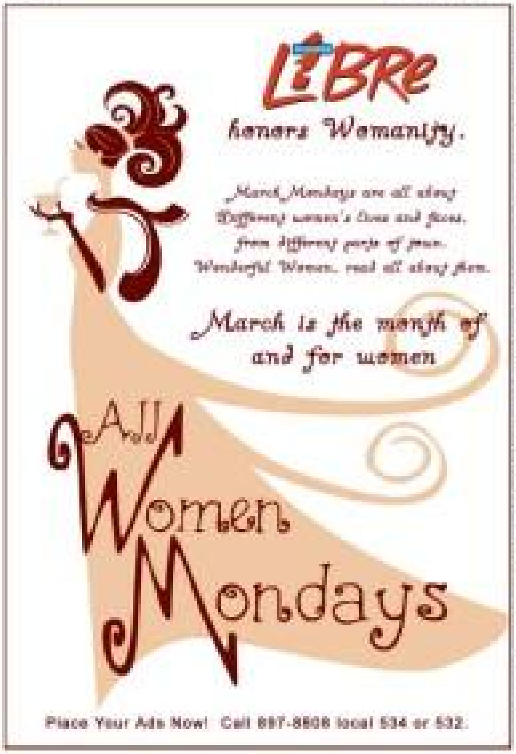
Getting closer to China and India

BUSINESS MATTERS



Dr. Bernardo M. Villegas

Holidays in Virginia



Choose your candidate well

LETTERS

Angat Dam management not under energy dep't



Villar scholarships may cost him vote-buying raps

From page A1

[illegible]

What the law says

[illegible]

Eyebrows raised

[illegible]

NP: Just commercial

[illegible]

Manny plays Santa

[illegible]

Party-list nominees in gov't must quit

From page A1

[illegible]

'To Reyes' defense

[illegible]

Mockery

[illegible]

Mikey: Offers kept coming

[illegible]

'Hypocrisy'

[illegible]

Why raise heaven and hell?

[illegible]

₱200 from Erap makes mother of sick child cry

By Carmela Reyes
Inquirer Central Luzon



CRYING LADY Myra Alboleta shows the ₱200 that she said she received from Joseph Estrada, the Pwersa ng Masang Pilipino standard-bearer.

[illegible]

Jinggoy apologizes

[illegible]

Champion of the poor

[illegible]

Palace 'big buzz': Teehankee may be next justice secretary

From page A1

[illegible]

Job offered before

[illegible]

Proper transition

[illegible]

Mendoza or Favila?

[illegible]

2 master of laws degrees

[illegible]

SPORTS

Davao boxers, C. Visayas karatekas shine

PSA AWARDS

Columnist, lady racer to emcee 'big night'

Giants edge Aces on crucial call



LPGMA Tour of Luzon wheels off today

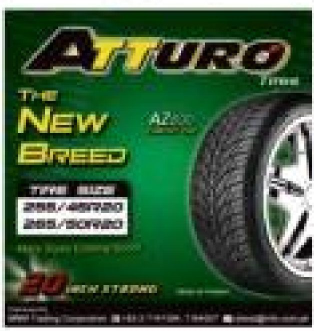


CALDERON

Rookie powers Canlubang ahead by 11



PAL INTERCLUB THIRD ROUND SCORES



Reopening Olympic boxing lines

BARE EYE



Recah Trinidad

Sportswatch

Big field joins 'Rambulan'

Touch rugby tourney today



Cobra, Cossack dispute PBL lead


SMART
Buddy
Now ANY PHONE can do
YAHOO! Mail*, GMail and Hotmail.
go mail
UNLIMITED PUSH EMAIL FOR JUST
₱20/DAY
• Send and receive email in real-time
• Email is instantly pushed to your phone
To register text MAIL (handset model) to 7077
YOU'VE GOT MAIL
EMAIL SENT
YOU'VE RECEIVED 1 EMAIL
YES 211
www.smart.com.ph

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Poster row between Lim, Atienza heats up

Barangay leaders seek police intervention to avert more violent confrontations

By Tina G. Santos and Jeannette I. Andrade

BARANGAY OFFICIALS IN Manila yesterday asked the National Capital Region Police Office (NCRPO) to intervene in the tension apparently brewing between Manila Mayor Alfredo Lim's men and supporters of former Environment Secretary and mayoral candidate Lito Atienza.



LIM (left) and Atienza: Escalating tension between supporters of both camps.

In their letter to NCRPO director Chief Supt. Roberto Rosales, the barangay chairs, who are backing Atienza's candidacy, requested intensified police visibility in several areas of the city.

Citing complaints from residents, the barangay officials claimed that city hall officials and employees have been harassing backers of Atienza, who is running against Lim.

"The police should be in the forefront in maintaining peace and order in our city to prevent more violent confrontations," said the barangay leaders, some of whom claimed to have received death threats.

The leaders include Violeta Candelaria (District 1, Brgy. 8, Zone 1), Jorge Limquoco (District 4, Brgy. 489, Zone 48), Veronica Buenaventura (District 2, Brgy. 138, Zone 14), Virginia Elias (District 3, Brgy. 709, Zone 77), Danilo Aquino (District 5, Brgy. 283, Zone 19) and Francisco Blanco (District 6, Brgy. 587, Zone 60).

They said men from Lim's camp have been seen roaming around areas near the homes of Atienza's supporters.

Atienza's son, Arnold "Ali" Atienza, earlier asked the Civil Service Commission to look into accusations that members of City Hall's Department of Public Services (DPS) had [illegible] private premises and removed his father's campaign materials.

But DPS head Carlos Baltazar denied the accusations, saying it was Atienza's supporters who were harassing city hall workers.

Chief Insp. Marcelo Reyes, general assignment section chief of the Manila Police District, said that around 10:30 a.m. on Feb. 23, DPS employees Carlito Alvarez and Rodolfo Pastrana were unloading garbage at North Bay on Infanta Street, Tondo, when, upon reaching the corner of Infanta Street, they were flagged down by six to eight men.

The men allegedly shouted in unison: "[illegible] posters (Did you remove the posters we put up?)" after which they started throwing stones at the workers' vehicle and hitting the DPS men with lead pipes and nightsticks, without any provocation.

Although injured, the driver of the vehicle managed to leave the scene.

About 2:30 in the afternoon of the same day Alvarez and Pastrana were with four coworkers parked at a [illegible] shop on [illegible] Street when men aboard motorcycles, led by [illegible] Galina, said to

Caloocan has early start in drive against measles



SPECIAL ATHLETES

Poster ...

Confrontation

New working hours for QC robbers

Work ongoing on northbound lane of Edsa

METROBRIEFS

Motorcade in Manila for boxing champs

Gloria and Mike as conversation fare

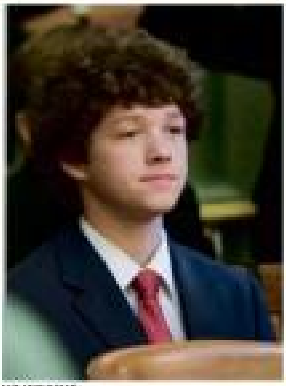
ON TARGET





Iraq to rehire 20,000 Saddam-era Army officers

Giant iceberg breaks off from Antarctic glacier



NO KIDDING

WorldBriefs

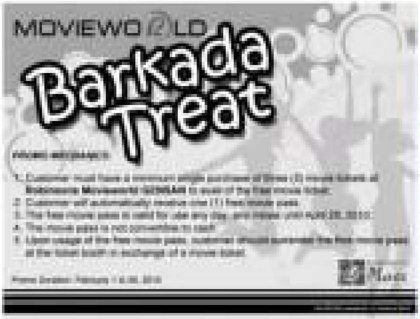
Khamenei: No compromise with Iran opposition

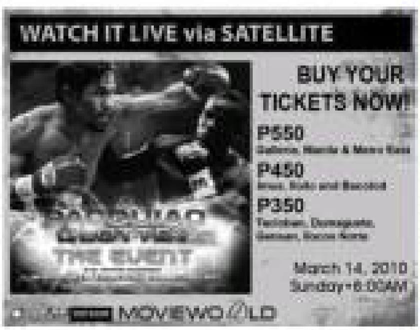
India, Pakistan take step forward in talks

Mexican drug lord draws 25 years in secret hearing

11 more Turkey officers charged in coup plot

Brazil probes baby death after delivery room fight





Secure Printing For Networked Environments with HP LaserJet Enterprise P3010 Printers



The WORLD

Editor Lorenzo B. Ziálcita

Suicide bombers attack Kabul; 17 dead

KABUL—SUICIDE BOMBERS ATTACKED IN THE HEART of Kabul on Friday, triggering a series of explosions and gunbattles that killed at least 17 people in an area that's home to small residential hotels used by foreigners, police and witnesses said.

The Taliban claimed responsibility, saying five suicide bombers conducted the early morning attacks on two buildings used by foreign citizens, while police said the attackers numbered at least three. Police said both are were among those killed.

Dr. Sarhad Singh Paul of India stayed holed up in his bathroom for three hours inside one of the guest houses where a suicide attack.

"When I was coming out, I found two or three dead bodies," Paul said later at a military hospital, where his wounded foot was bandaged. "When firing was going on, the first car bomb exploded and the full roof came on my head."

The attacks in Kabul came as thousands of US, Afghan and Nato soldiers carry in their second week of a major offensive against a Taliban stronghold in the town of Marjah in Helmand province. In recent weeks, more than two dozen senior and midlevel Taliban figures have been detained in Pakistan in recent weeks, suggesting that the attack in the capital could be a way for the militants to show that the insurgency remains potent.

At least 17 people were killed in Friday's attack and 32 wounded, said Abdul Ghafar Sayedzada, head of criminal investigation for the Kabul police. He said three of the dead were police officers and most of the civilians who were killed were Indians.

The targets were two residential hotels. A car bomb flattened the Hamid Guesthouse and residents also attacked the nearby Park Residence, Sayedzada said. An Associated Press reporter saw police carry seven bodies from the Park Residence.

"I saw foreigners were crying and shouting," said Najibullah, a 22-year-old hotel worker who ran out into the rain-slickened street in just his underwear when he heard the first explosion.

Najibullah, whose face and hands were covered in blood, said he saw two suicide bombers at the site. "It was a very bad situation inside," he said. "God helped me, otherwise I would be dead. I saw one suicide bomber blowing himself up."

The explosions woke up residents near the Kabul City Centre, a nine-story shopping area that includes the four-star Safi Landmark Hotel. Witnesses said one explosion created a crater about three feet wide and that windows of the nearby hotel were blown out.

A large plume of black smoke rose from the area. Shattered glass littered the streets, which were mostly emptied because it was the first day of the Afghan weekend. Afghan police, armed with Kalashnikov rifles, crouched behind traffic barriers with guns ready as a light rain fell and shots sounded from multiple sides. *AP*



VETERAN SeaWorld Orlando trainer Dawn Brancheau in an undated picture with an unidentified killer whale. Brancheau died on Feb. 24 after she was attacked by a killer whale at the theme park in Orlando, Florida. AP/ORLANDO

Florida killer whale to stay in park after deadly attack

ORLANDO, FLORIDA—A KILLER WHALE that killed its trainer in front of horrified onlookers will stay in its marine park, officials said on Thursday, amid a raging debate on keeping such animals in captivity.

Tilikum—the five-ton orca already linked to two other human deaths since 1991—grabbed his veteran trainer by her ponytail and dragged her down into the tank at the end of Wednesday's show in the SeaWorld Orlando, Florida.

He was so aggressive rescuers could not immediately jump in and make the experienced trainer Dawn Brancheau, officials said.

Instead, trainers guided the massive black-and-white whale toward a smaller pool and lifted him out of the water by a large scale or platform to free Brancheau's dead body from its jaws.

Witness Sue Nichols, 67, said the crowd had no warning that anything was wrong as the show had gone normally and it was already ending with some of the 50 strong audience having left.

The trainer would "pet him, and she would get very close to him. She'd throw fish in his mouth and throw buckets of water in his mouth, which he seemed to enjoy. There was nothing aggressive or anything about it," Nichols told AFP.

But then, "she was petting the whale and talking to him, and then all of a sudden he just reached up. He got her in the arms, and he took her underwater, and he had her under for quite a while," she said.

"He came up out of the water, and he had her in his mouth."

Nichols said an alarm sounded while park employees scattered around the pool while a sea as audience members were rushed away.

In a grim twist, the smaller pool was apparently the same spot where the naked body of Daniel Dukes was found draped over Tilikum's back in July 1999 after he sneaked into SeaWorld after hours to swim with the animals.

Even before the latest deadly attack, trainers were banned from swimming in the water with Tilikum, standing on platforms instead.

The Orange County Medical Examiner's office said Brancheau, who had 16 years of experience working with orcas, likely died from multiple traumatic injuries and drowning.

Brancheau, 40, died doing something she loved, her mother said. "It was her dream to do it," Marion Loverde told the Orlando Sentinel. "She loved her job."

In an previous 2006 interview, Brancheau told the newspaper: "You can't put yourself in the water unless you trust them and they trust you."

Animal rights groups and activists pressed for Tilikum to be released in a controlled area, while some suggested putting him down. *AFP*

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- **Aboitiz unit plans** coal-fed power facility in Mindanao /B2

BUSINESS

IN THIS ISSUE
- **Four more airlines** may set up shop at NAIA 3 /B4

Banks to lend ₱14B for Panay power plant

Coal-fed facility to supply 80% of island's requirements

By Doris C. Dumlao

PANAY ENERGY DEVELOPMENT CORP., A POWer generation company under tycoon George Ty's Metrobank group, has raised ₱14-billion from a syndicate of local financial institutions for the construction of a 164-megawatt coal-fired power plant in La Paz, Iloilo City.

The deal arranged by investment bank First Metro Investment Corp. ...

INDICATORS

CURRENCIES

STOCK MARKET

PSEi COMPOSITE INDEX

Stocks up slightly

Gov't to start negotiations with MNTC on SCTEx

By Abigail L. Ho



Aboitiz unit plans coal-fed power facility in Mindanao

300-MW plant seen costing $500M

Group to draw oil from Tindalo well in Q2

Banks to lend ₱14B …

Gov't to start negotiations …

Philippine Stock Exchange

Currencies

Disclosures

Philippine game developers seek slice of $30-B global market

By Abigail L. Ho

LOCAL GAME DEvelopment firms seek to grab a chunk of the $30-billion global game development pie by making the world more aware of what Filipino talents can do.

To help spread awareness about homegrown game development talents, local game developers are joining the Game Developers Conference from March 9-13 in San Francisco.

"Game development is really a big business, and joining the fair in the US will help us in expanding our business and showing what the Philippines can share in the game development industry," Anino Games president and chief executive Niel Dagondon said yesterday in a statement.

"The United States is a good market to showcase our talents and creativity in game development ... because many (buyers) will definitely be there," he added.

Anino Games, one of the participants to the conference, is the country's largest game development studio.

It has so far developed and published more than 20 games for leading consoles and gaming platforms.

The company's titles include Shadow Island, Mystery of Cleopatra, Dream Day Wedding: Married in Manhattan, [illegible] and [illegible].

Its games can be played on multiple platforms, including personal computers, Nintendo DS and DSi, Wii, and the mobile phone. Games for the iPhone and the popular social networking site Facebook have likewise been developed.

"Most of our projects are outsourced from foreign clients. We are lucky because they have recognized that we can offer more than just the low labor costs. We have competitive game developers and artists and we can deliver what they need," Dagondon said.

According to global advisory firm Tholons, game development outsourcing revenues could reach $30 billion this year.

Citing various industry reports, the Center for International Trade Expositions and Missions said the country's total share in the global game development pie could hit more than $7 million at year's end, representing a 20-percent growth over last year.

BUSINESS

Four more airlines may set up shop at Naia 3

Airport officials hope to operate facility at full capacity

[illegible]

RP can still meet growth target, Neda says

[illegible]

No water, no rice

COMMENTARY

[illegible]

Root cause

[illegible]

Cost-benefit analysis

[illegible]

Rehabilitation budget share

[illegible]

Politics over economics

[illegible]

Debt stock stood at ₱5.5T in Sept.

[illegible]



PROPERTY

Editor Cesar D. Mangawang



Urban redevelopment for Metro Manila

Text and photo by Charles E. Buban

IF FELINO PALAFOX JR. HAS his way, Metro Manila and outlying provinces should be "redesigned" immediately to lessen the impact of a future disaster whether it be a flood, storm, fire or earthquake.

The country's leading urban planner and architect has made this proposal after the country experienced devastating flood last year while huge earthquake caused devastation across Haiti.

"We can't wait for another tragedy. We have seen how an unprecedented volume of rainfall like what Tropical "Ondoy" had brought could prove too much for Metro Manila's river and drainage system. We have also seen what a massive earthquake could do to an unprepared city like Haiti. While there is nothing that we could do to control the destructive power of these natural phenomena, there are steps that we could take to limit the amount of damage," says Felino Palafox Jr., founding and managing partner of Palafox Associates.

He explains that any place could certainly prepare for any type of disaster.

"It is not just because Ondoy dumped a record-setting volume of rainfall. Metro Manila failed to put up a number of infrastructure that could have lessen the impact of excessive amount of rainfall as well as failed to control construction from building on danger zones," he says.

Warning

Palafox says that as early as 1977, there was already a warning when he submitted a report to then Ministry of Public Works and Highways that the prevailing relaxed control of urban development in Metro Manila would have adverse consequences.

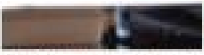
He particularly warns that residential development should be restricted in the three major areas of Metro Manila—the Marikina Valley, the western shores of Laguna de Bay, and the Manila Bay coastal areas to the north of Manila.

"We warned that these areas are unsuitable for development—either because they are low-lying and liable to flooding, or because development is without adequate facilities for the treatment and disposal of sewage and so will continue to contribute to the severe pollution of areas, such as Laguna de Bay. Incidentally these were the areas hardest hit by the flooding brought about by Ondoy," he recalls.

To prevent Ondoy flooding from ever happening again, Palafox reiterates what his report had suggested: Build a spillway in Parañaque City to drain excess water from Laguna de Bay to Manila Bay. Also, Pasig and Marikina Rivers must be dredged in order to handle huge volume of rain-

URBAN B3





PALAFOX says his report must be heeded to avert what could be another huge and costly disaster should another natural calamity strike Metro Manila.



Stark effect

Phinma Properties boosts program for disaster preparedness

SM Residences brings stylish, affordable living to Mandaluyong

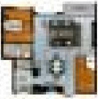


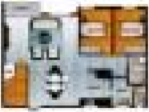




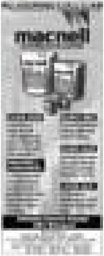


Relishing the spirit of modern living at Vimana Verde Residences





Urban redevelopment . . .







PROPERTY







Seats for two

Design Dimensions

Evolution

Cultural influence

PROPERTY
Editor Cesar D. Mangawang



10 ways to cooling your home this summer

By Tessa R. Salazar

THE SUMMER SEASON hasn't really set in yet (the season usually starting in March), but here we are already feeling the scorching effects of El Niño (the weather phenomenon characterized by high atmospheric pressures—hence the cloudless skies—and the total opposite of La Niña). Outdoor temperatures are already hitting the high 30s. And if your home isn't heat-insulated, it can feel like an oven inside, too.

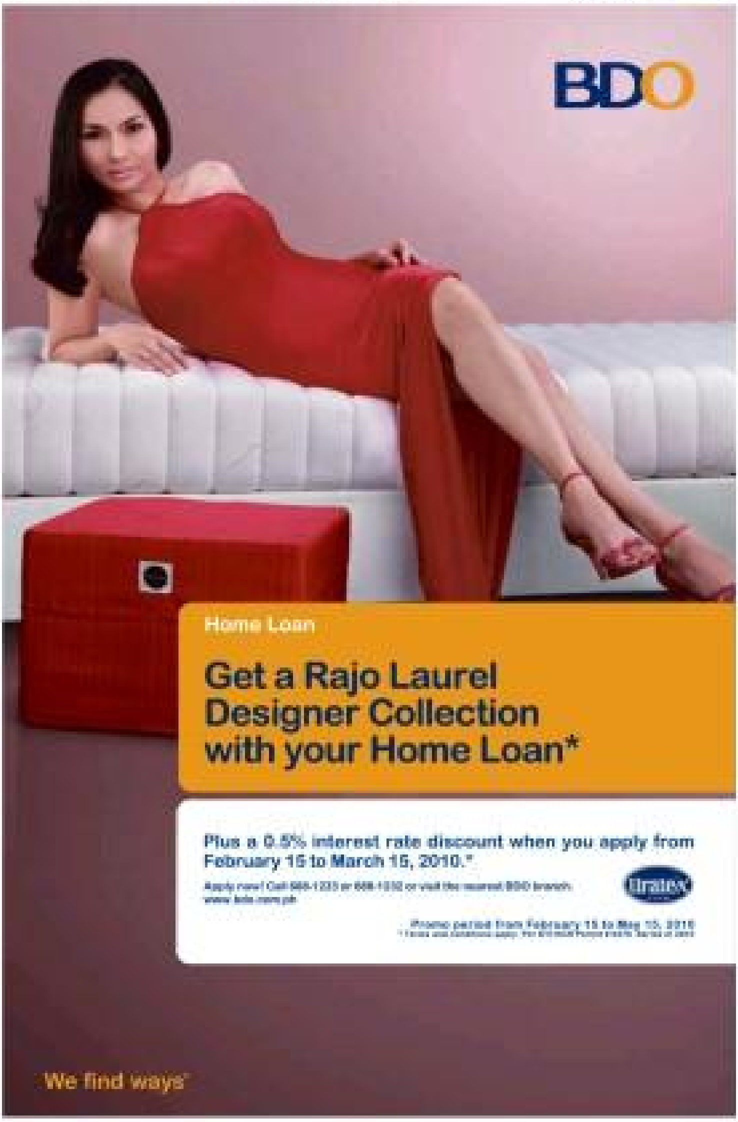
[illegible]

1 Up on the roof. [illegible]

2 Sprinkler system. [illegible]

3 Plants are cool, literally. [illegible]

4 Doors and windows. [illegible]



SCIENCE/HEALTH

The 7 nutrition principles to make one live longer

By Tessa R. Salazar

EAT TO LIVE—THAT IS the single overriding dictum each living being must keep in mind when it comes to his or her dietary lifestyle. Though what you eat is not the sole determinant to your overall quality of life, it surely is one of the most critical, and which many have most difficulty coming to terms with.



Healing through Pilates

By Charles E. Buban

Of snails, sun-blocking ideas



DISCOVER

Maricor Soriano Baltazar

Geoengineering

Ray

A thankless job, a security risk



MEDICAL FILES

Rafael Castillo, M.D.

Good Samaritans

Legitimate workshop

Appeal

Strong core

Giving strength, endurance

Own body weight



A home-style condo at Eastwood LeGrand 3



10 ways to cooling your home...

5

6

7

8

9

10

Experience green living at Manhattan Heights









At Manhattan Heights,
pamper yourself
with every luxury.
Rise above the city
in a studio or suite.
Be on top of the
world in your very
own sky garden.
MANHATTAN HEIGHTS
at Manhattan Garden City
Araneta Center
And live on the fast lane
with a direct connection
to the trains.
For more details, call 810-3333 or 913-0234 now.

Editor Thelma Sioson San Juan
Contributing Editor Sol Cabal

2bU LifeStyle



There's a 'Zorro' at UP Diliman

THE FIRST TIME I WAS SUPposed to interview Zorro I chickened out. I was walking along the Academic Oval after class when I saw him standing on the sidewalk. He talked to me first. "Ang ganda mo!" he said, rather emphatically.

Sport star

Trend: Sporty







Gear up for the summer ahead: Sports-inspired clothing let's you get your game on







Trend spotting

Statement necklaces can easily redeem your boring look







Savvy young fashion

No to leggings and fishnet stockings





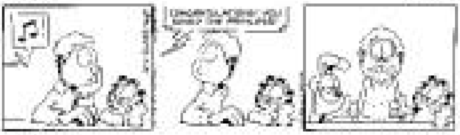
There's a 'Zorro' at UP Diliman



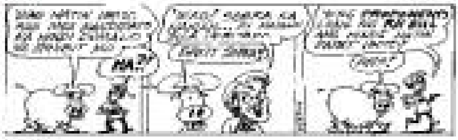
Gentleman

Inspiration

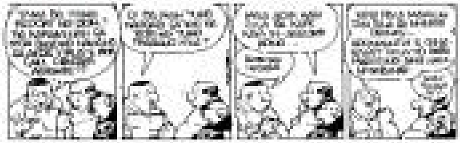
GARFIELD — BY JIM DAVIS



A. LIPIN — BY JESS ABRERA



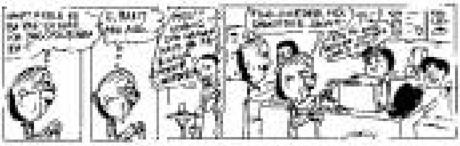
PUGAD BABOY — BY PM JUNIOR



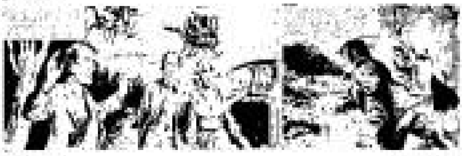
DICK TRACY



LOVEKNOTS



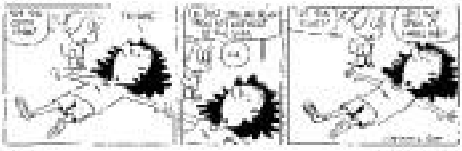
JAMES BOND



DIVINE COMEDY



BABY BLUES — BY JERRY SCOTT



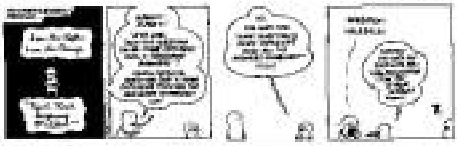
TULDOK



BEN — BY DANIEL SHELTON



KIKO MACHINE — BY MANIX ABRERA



SHERMAN'S LAGOON — BY JIM TOOMEY



HOROSCOPE

BY FRANCIS DRAKE

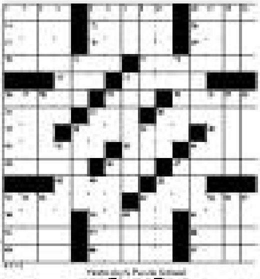
CONCEPTIS SU DOKU

HOW TO PLAY SU DOKU

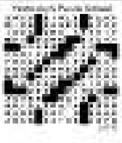
Conceptis Sudoku

	4		5					
	9							4
6	3		8					
5			6	7		1		
3								6
		7		3	4			2
					5		4	9
1							6	
					3		5	

CROSSWORD PUZZLE



Yesterday's Puzzle Solved

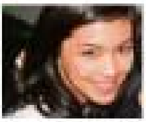


What will you miss most in *high school?*

'It is in the comfort of seeing a familiar face everyday and thinking to oneself: Yup, I'm loving high school'











'Clues' that bite and tantalize

Seven books in, the series gets better than ever with 'The Viper's Nest,' the best installment yet



Engaged

Gripping

Surviving hell week



Tips on how to survive a week of cramming

Plan ahead

There is no 'later'

Get off the Internet

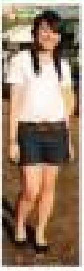
Get enough sleep

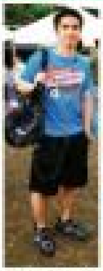
Optimism is key

UNIVERSITY ANNIVERSARY CELEBRATED

Week-long fun of booths, electives and 'Green Idol' contests

Their thoughts about the fair...



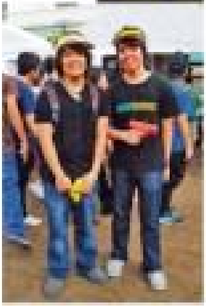












Super LifeStyle
style . urban living . pop culture . entertainment . recreation



KINDLE VS NOOK

Which e-reader is for you?

By Tarra Fong

For now, Amazon's Kindle is king

2010 IS SHAPING UP to be a year for e-readers. They are a nomadic bookworm's dream, with storage capacities that allow you to store over a thousand books and a built-in wireless network that lets you connect to a bookstore any time, anywhere.

Reading experience

Content

Ease of use

Aesthetics



KINDLE is the more practical choice now.



Winner: Kindle

Battery life

Practical choice





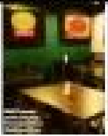
What's so fab about the i

Self-guiding camera takes you one step clos





Party with a twist–video games and rock-star m





Facebook, Twitter—new



Pad?

Finding middle ground

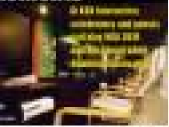




er to being pro

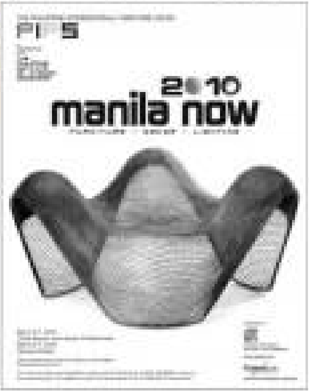


moments



Formspring.me?





24/7 SUPER RADAR

By Jaime Casino-Dano

Age of art



[illegible]

Neil Gaiman holds book-signing

[illegible]

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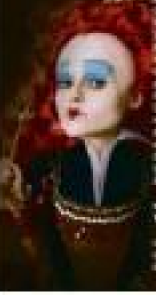
BATTLE OF THE WONDERLAND QUEENS

Red Queen Helena Bonham Carter and White Queen Anne Hathaway face off in a revealing interview about 'Alice in Wonderland,' Tim Burton, Johnny Depp and why their characters can't stand each other

ANNE HATHAWAY: THE WHITE QUEEN



HELENA BONHAM CARTER: THE RED QUEEN





BATTLE OF THE WONDERLAND QUEENS



'Alice in Wonderland' trivia

Lindsay Lohan wanted to play Alice but didn't get the role, where to go if you want to stalk the Mad Hatter on Facebook and other juicy Wonderland tidbits

Compiled by Pam Pastor

The film that launched a thousand merchandise

Aliceмania! Tim Burton's 'Alice in Wonderland' has inspired jewelry collections, special makeup palettes, limited-edition nail polish, crazy dolls and more

By Pam Pastor





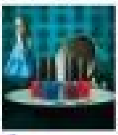






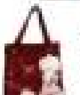
















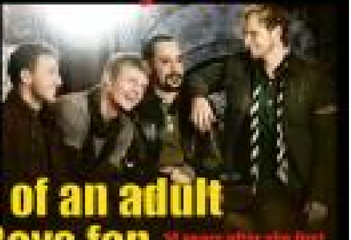


Watch 'Alice' on 3D!





FAN FOREVER. Catrina shows off the BSB memorabilia she has collected over the years.



Confessions of an adult Backstreet Boys fan

10 years after she first fell in love with the voice of Brian Littrell of the Backstreet Boys, Catrina Gallora still considers herself a fan

Sorcerer's apprentices

Under the wing of fiction master Neil Gaiman, Fully Booked reveals Filipino filmmaking talent

Fantasya Filipino

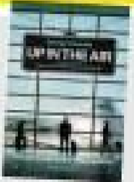


Your emergency reading list

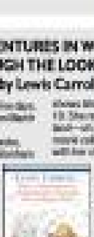
If you haven't read these books yet, now is the time to pick them up. Their movie versions are about to hit the big screen

By Pam Pastor

'UP IN THE AIR' by Walter Kirn



'ALICE'S ADVENTURES IN WONDERLAND' and 'THROUGH THE LOOKING GLASS' by Lewis Carroll



THE LOVELY BONES by Alice Sebold



A weekly directory of the country's best establishments

Where to Stop Where to Go

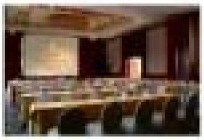
[illegible]

Sofitel announces new communications team

[illegible]



[illegible] relations manager and [illegible] marketing communications manager



Meetings at Pan Pacific Manila

[illegible]



PALAISADAAN REITO CELEBRATES LOVE MONTH

[illegible]

Benjarong's chef Tan conducts cooking classes

[illegible]

Antel Spa Hotel Suites opens

[illegible]

[illegible]

Microtel Inns & Suites

[illegible]

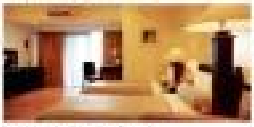
Sorcerer's apprentices

The director's chair

Will 'indie' soon be short for 'industry?'

Tours, Leisure & Chow

The Malayan Plaza salutes all graduates





GROUNDBREAKING FOR TWO SEVEN RESIDENCES

Crown Regency Institute of Tourism and Hospitality soon to open

Zooc ride in Zoocobia-Clark

Wee Wonders at SM



Look cool and be cool this summer with WEE ESSENTIALS latest collection

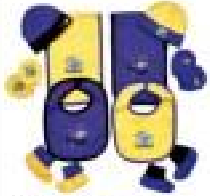


Bibs, bonnets, booties, mittens, and burp pads with vivid colors and cool designs for your little boys



Girly colors and designs for your pretty babe to wear this summer





Bibs, bonnets, booties, mittens, and burp pads with vivid colors and cool designs for your little girls

As summer approaches, one way to protect baby's sensitive skin from the heat is to dress him in clothes that are all-natural in fabrics and all-comfort in style.

The Wee Essentials collection at SM celebrates Earth Babies in its new line of summer apparel. Made from 100% pure cotton, these are clothes with fabrics that breathe, colors that reflect summer's exuberant spirit, and designs that are baby friendly.

Mommies will be happy to know that the Wee Essential clothes are tag-less, meaning there's no back itching for your little ones. Available in onesies, sandos, dresses, shorts, tees, and accessories, the Wee Essentials collection is available exclusively at the Infants Wear Department of all SM stores.



Editor Nestor U. Torre • Assistant Editor Rito P. Asilo

SATURDAY Special



NOW SHOWING

Romance reunites John Lloyd, Bea

By Rito P. Asilo



CRUZ AND ALONZO. The star-crossed pair...

Sub-stories

ROMANCE C4

Inspiring film pays tribute to Manuel Pichel's 'little mission'

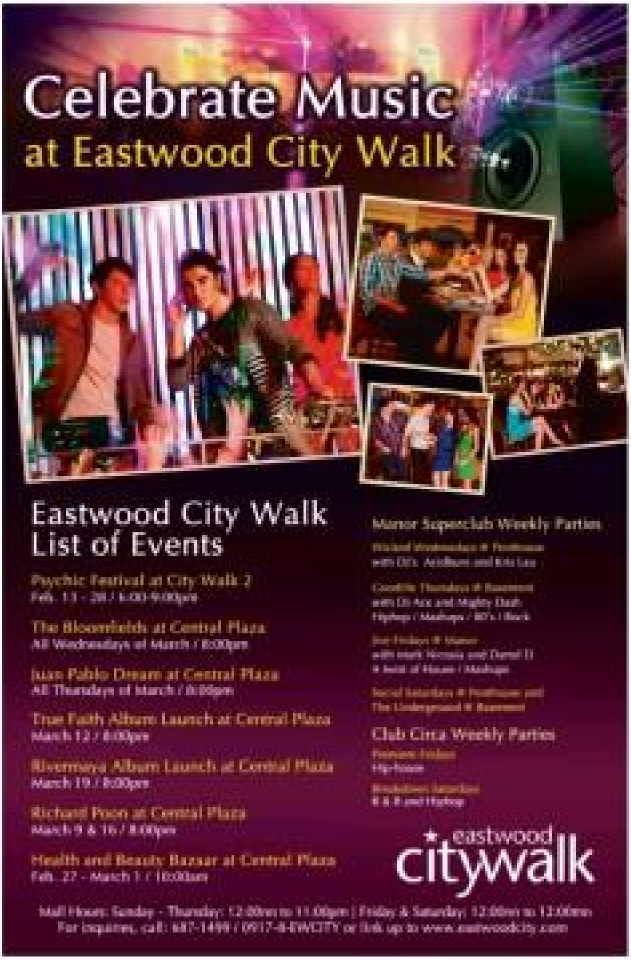
By Nestor U. Torre



LUCERO. ...

Projects

INSPIRING C4



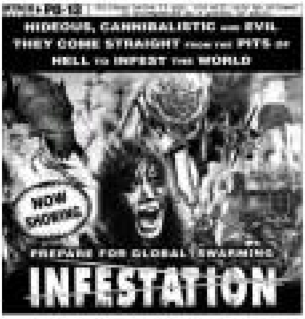


Wacky comedy celebrates buddy-cop flicks



MORGAN AND WILLIS: Pairing aging policemen in "Cop Out."

Trouble

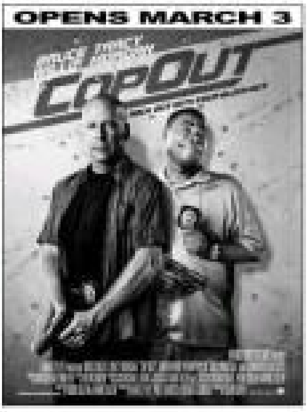


Will gay films save the indies?



Sex scenes



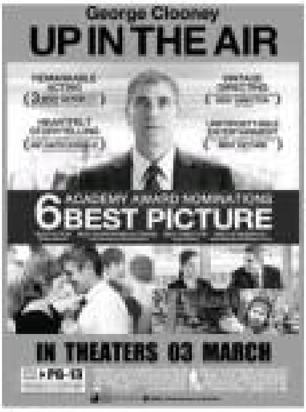


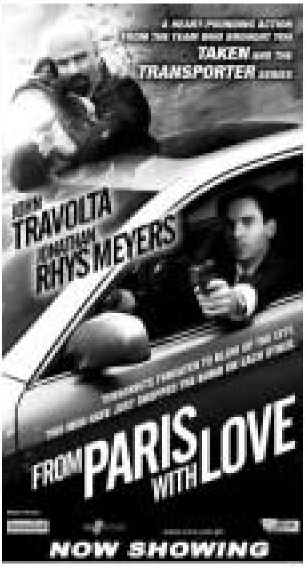
Readers react



Need to protect young talents

Questionable role models







Volleyball summer camp at SM

SERENITY IS ORGANIZING "Spike Madness," a volleyball summer camp that kicks off on March 5-7 at SM North Edsa. It hits SM Bacolod on March 12-14, SM Pampanga on March 19-21 and SM Megamall on April 6-8. The summer camp is designed for girls 9-14 years old who want to learn more about volleyball. [illegible]

MONTAGE

Myrus at Teatrino

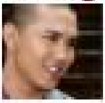
[illegible]

Bangkero Festival

[illegible]

'Zooperstars'

[illegible]



MYRUS. First solo concert.

[illegible]

John Schmidt in concert

[illegible]



CURTIS. Pitches for clothing brand.

Jeanne Angel

[illegible]

Natasha introduces first DVD catalogue

[illegible]

'Bored to Death'

[illegible]

At Starmall

[illegible]

'Nigel Specials'

[illegible]

'Valentine's Day' soundtrack

[illegible]



Inspiring film pays tribute ...

From page F1

[illegible]

Old man

[illegible]



Script

[illegible]



Romance

From page F1

[illegible]

WHAT'S INSIDE

■ AnakTV season launched in Baguio /G2

SATURDAY Special



SNEAK PREVIEW

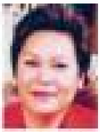
Cruz, Kidman, Cotillard steal Day-Lewis' musical thunder

Tattered spirits



"NINE." Visually succulent screen adaptation of acclaimed Broadway production.

Diaz-Abaya films Marian drama



ABAYA. Three-point agenda for learning.

Intervs



AnakTV season launched in Baguio



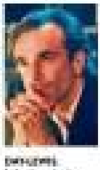
Major feature

Cruz, Kidman, Cotillard steal . . .

From page G1

Guilt

Memorable ballad



DAY-LEWIS:

Charice, Ogie show off performing savvy







Chorus

Companions

Dream destination

STREET SMART



Slice of Africa









Unique regional Pinoy dishes

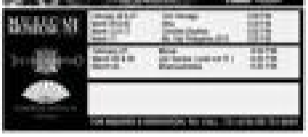
WORD OF MOUTH



Appeal







Diaz-Abaya . . .

Summer program

Bonham-Carter, Burton share details of colorful home life



BONHAM-CARTER: Fun interviews.

ONLY IN HOLLYWOOD



Ruben V. Nepales

Anecdote

Growing up

Teen idol

Diaz-Abaya...

Education